



SCOTTISH MOTOR SPORTS NEWS

AUTUMN 2019

It's been a busy summer for SMS! On top of meeting with a number of key partners including, [Lanarkshire Police](#), [RUTS](#), [Men's Shed](#), [ProPerform](#), [Active Schools South Lanarkshire](#), [Driftland](#), [Event Scotland](#) and [Dumfries and Galloway Council](#) alongside others, we've also been out attending events and working with our partner clubs. Over the summer, we've been out and about at the Kames Classic Car Show, Crail Summer Stages, BTCC, SLS, SACU Development nights, Blood Bike Scotland Charity evening and most recently, the Junior Rally Open Day at Kames in addition to our club taster sessions and training course deliveries!

If your club are looking for a bit of support with your projects and events, please don't hesitate to get in touch! Contact details can be found at the end of the newsletter.

INTRODUCTION OF 'HANDS ON HELPER' COURSE

What is it?

The 'Hands on Helper' is the first step on the ladder for the SACU Coaching pathway AND for clubs; associations; volunteers and officials; and parents etc. who would like a better understanding of coaching practice. The course is also available to four wheel clubs and is free of charge.

What is involved?

Designed to provide an introduction to the coaching process exploring what good coaching is and why it is important, this is NOT a course to qualify people as coaches. The inherent risk and complexity of motorsport makes it inappropriate to qualify somebody as a coach on less than a Discipline Coach Award.

The course will be delivered over three guided learning hours and will explore the topics of:

- The Roles and Responsibilities of the Coach
- The Roles and Responsibilities of the Hands on Helper
- Health and Safety
- Child Protection and Safeguarding
- Skill Acquisition and Stages of Learning
- Communication
- Methods of Coaching
- Inclusion Training

The course was successfully piloted on Thursday the 29th of August at the Sailor's Rest in Methil to 10 keen Kingdom Off-Road MC volunteers.



Following the inaugural delivery, we have already received a number of requests from other clubs and external organisations to get involved and take part. The training is on offer free of charge to any SACU or Motorsport UK affiliated club free of charge. To book your course or find out more, please get in touch!

4 WHEEL DEVELOPMENTS

Participation Figures



According to the most recent statistics, in 2018, there were a whopping 519 Motorsport UK permitted events in Scotland! Of these, the largest number of events by discipline was Autotest/Autosolo at 35%. Next up at 24% was Cross Country having hosted 127 events throughout the year. Interestingly, these are two of the disciplines people can take part in using their road car which is perhaps making them more easily accessible. Number of

events however, does not necessarily correlate to number of entries. Whilst there were 182 Autotest events throughout the year, the number of entrants came in at 1686. If we observe the figure of Rallying, generally speaking, there were 1829 entries over the 75 events. Across the 519 events in 2018, there were a total of 8642 entries.

Monklands Sporting Car Club

SMS have created a working relationship with Get Better Together (GBT) an organisation focusing on community health and wellbeing within Shotts, North Lanarkshire. GBT are keen to work in partnership with local club Monkland's Sporting Car Club (MSCC) to create a 'Men's Shed' to be held at Forrestburn. The [Men's Shed](#) is a charity set up to help tackle mental health and isolation for men, follow the hyperlink to find out more. Most men sheds are focused on craft and design; the newly proposed 'Forrestburn Shed' will primarily focus on car mechanics and engineering.

In addition to this, SMS and GBT have been discussing the possibility of additional projects such as a community art work and restoration programmes as well as local secondary school involvement.

If you would like to discuss such possibilities for your club, please get in touch.

2 WHEEL DEVELOPMENTS

Participation Figures



In 2018, the SACU permitted a significant 171 events across Scotland. Of these, a huge 67% were Trials. As the cheapest and easiest to access discipline - in terms of event entry and land access (65 venues) - this may not come as much of a surprise. Enduro events were represented at 15%, Motocross at 11%, Road Race at 7% and Quads at <1%.

Active Schools South Lanarkshire

Despite Scotland's rich heritage in motorsport, many young people are often excluded due to costs associated and social barriers. Motorsport however, is uniquely placed to cover a range of learning outcomes that transcend sport due to its technical nature, i.e. mechanics, engineering etc. Participation in motorsport and motorsport related activities can support the development of important life skills that will greatly enhance young people's prospects and employability. Therefore, the creation of an accessible tier of motorsport could help identify and nurture talent and in turn open up a route of progression based on merit.

In partnership with Active Schools South Lanarkshire and the Rural Urban Training Scheme (RUTS), SMS are in the process of developing an exciting new schools programme aimed at providing an alternative education to young people who have either experienced social exclusion and/or have an interest in motorsports, mechanics and engineering. Through the discipline of Trials Riding, SMS, RUTS and SLLC (South Lanarkshire Leisure and Culture) will offer groups of young people the opportunity to experience the sport and gain SCQF credits towards their education at the same time. Although still in discussion stages, we hope to pilot the programme in the very near future. It has also been proposed that the discipline of Karting is incorporated into the programme at a later date. Watch this space!

Blood Bikes Scotland

SMS were invited to attend the charity event, 'Blood, Sweat and MotoGP Tears,' on Thursday the 5th of September which was set up in aid of Blood Bikes Scotland (BBS). BBS is run entirely by volunteers and offers a free transport service to the NHS as a way of 'giving something back.' In 2018, BBS won 'Charity of the Year' and the 'People's Choice' at the Scottish Charity Awards for the service they provide. During the event, BBS informed supporters that a recent item that was required to be transferred from the Royal Hospital for Sick Children in Edinburgh to Great Ormond Street Hospital would have cost the NHS over £2000 but they were able to do it for free by using their 'relay' style transport service. I'm sure you will agree that this is a great cause!

Thank you to everyone who attended, provided raffle prizes, donated and contributed to the event. If you would like to find out more about BBS or donate to their cause, you can do so [here](#).

THE SCOTTISH ROAD CAR SERIES

Season Prizes Announced!

With 3 rounds left to go in the 2019 championship, there's still all to play for! The scores are ramping up and it's sure to be an exciting couple of months as our competitors go head to head in an attempt to secure the top spot.

SMS are excited to announce the championship prizes kindly donated by our sponsor [Knockhill Racing Circuit](#) – 1st place will be able to choose from either a Hot Hatch Track Day/Knockhill organised evening or a Performance Drive Lesson in their own car; with the remaining prize going to 2nd place. Third place will win a pair of tickets to the Knockhill round of BTCC 2020.

Thank you to Stuart Gray and Knockhill for supporting the SRCS for the second year in a row!

STUDENT MOTORSPORT

SMS have changed our approach to engaging with students across Scotland. We are currently attending Fresher's events at multiple universities such as Edinburgh, Strathclyde, Heriot-Watt, Glasgow and Glasgow Caledonian to promote our Student Motorsport Challenge. Although we would love to attend every Fresher's event at every university in Scotland, this is not possible. In order to reach as many students as possible, SMS have developed a centralised online resource and social media streams where any student from college or university can sign up and get involved. The series includes 4 'arrive and drive' style events including Karting, E-Motocross, Drifting and Autosolo delivered by a number of our clubs and partner organisations. The series has been created with ease and affordability in mind with prices starting at just £23 and no prerequisites such as the need for a driving licence or equipment. All students need to do is sign up online and the rest will be provided!

CLUB DEVELOPMENT DAY 2019

SMS are delighted to announce the return of the Club Development day for the 3rd consecutive year. Hosted by SMS, it provides an opportunity for club representatives from across all two and four wheel disciplines to come together to share best practice and discuss challenges. There will also be a number of guest speakers who will deliver presentations on club development initiatives to help clubs continue to grow; these will be announced shortly. The day is designed to be fun and interactive and we would love it if you would join us! Details are as follows:

What? SMS Club Development Day

Where? Blair Drummond Community Hall, Stirling

When? Saturday 30th November
9:30 arrival with teas and coffees for a 10:00 start; concluding by 16:00 (lunch will be provided)

Who? Any member of any two or four wheel motorsports club

If you or anyone from your club are interested in attending, please contact info@scottishmotorsports.co.uk

More information surrounding the day will be circulated shortly.

If you would like any further information on any of our current projects or would like some support from SMS please get in touch now using the following email address: info@scottishmotorsports.co.uk

